

MRI MÉNIÈRE'S SCAN

How to prepare for your scan



Preparation for the scan:

- **Fasting:** Refrain from eating for at least 2 hours prior to your scan.
- **Hydration:** Stay well-hydrated on the day of your scan by drinking plenty of water.
- **Attire:** Wear plain clothing without any metal attachments and minimal jewellery.

Please read below for our FAQs.

Please take a moment to review our frequently asked questions for additional information. If you have any queries not addressed here, feel free to reach out to our team for assistance.

What is an MRI Scan?

Magnetic Resonance Imaging (MRI) is a safe and non-invasive procedure that employs radio waves, a magnet, and advanced computer software to generate two and three-dimensional images of the internal structures within your body. Notably, MRI does not involve radiation, making it a preferable choice for early detection of injuries and diseases, particularly within soft tissues. Our MRI facility features a wide bore, offering more space than standard MRI scanners. Furthermore, our scanner is thoughtfully designed with an ambient setting that includes soothing lighting and an immersive audio-visual experience, ensuring a comfortable environment even for those who may experience claustrophobia.

The visualisation of the endolymphatic hydrops can be performed using non-contrast as well as contrast-enhanced magnetic resonance imaging techniques. You will have the non-contrast scan first followed by administration of gadolinium. This will then be followed by a 4-hour window before your second MRI scan. It has been proven to be a reliable technique with a high diagnostic accuracy, enabling the visualisation of endolymphatic hydrops.

How long will the appointment take?

The first MRI scan usually lasts 45 minutes, which is followed by a 4-hour window where you are free to leave the clinic at this time. The second scan should last no longer than 30 minutes.



MRI SCAN

Frequently Asked Questions

Are MRI scans safe?

Rest assured that all our MRI scans are completely safe. Unlike procedures that involve ionising radiation, MRI does not pose any harm. Our scanning machines are painless, ensuring your comfort throughout the process. Our dedicated team is committed to creating a comfortable and relaxed environment for you during your scan.

Will I need a contrast injection?

In certain cases, a contrast injection might be necessary to enhance image clarity, especially for body parts with naturally low contrast. This contrast solution, a specialised liquid, highlights bodily tissues, aiding in the identification of subtle differences or diseases. The injection is administered through a small tube, known as a cannula, placed in your arm. While allergic reactions to contrast are uncommon, if you experience any discomfort or feel unwell during the scan, please inform the radiographer promptly.

What happens after my scan?

Following your scan, you're free to resume your regular eating and drinking habits and return to your daily activities without delay. If you received a contrast injection, we would request that you remain in the department for an additional 20 minutes after the scan to ensure your well-being before departure. It's also advisable to increase your fluid intake to help eliminate the contrast from your system.

Any other questions?

If you have any additional questions, concerns, or uncertainties, don't hesitate to approach any of our staff members. Your comfort and peace of mind are our top priorities.